ROUTINE ASSESSMENT OF PATIENT INDEX DATA

The RAPID3 includes a subset of core variables found in the Multi-dimensional HAQ (MD-HAQ). Page 1 of the MD-HAQ, shown here, includes an assessment of physical function (section 1), a patient global assessment (PGA) for pain (section 2), and a PGA for global health (section 3). RAPID3 scores are quickly tallied by adding subsets of the MD-HAQ as follows:

1. Please check the ONE best answer for your abilities at this time:													
OVER THE LAST WEEK, WERE YOU ABLE TO:	WITHOUT ANY DIFFICULTY	WITH SOME DIFFICULTY	WITH MUCH DIFFICULTY	UNABLE TO DO									
Dress yourself, including tying shoelaces and doing buttons?	0	1	2	3									
b. Get in and out of bed?	0	1	2	3									
c. Lift a full cup or glass to your mouth?	0	1	2	3									
d. Walk outdoors on flat ground?	0	1	2	3									
e. Wash and dry your entire body?	0	1	2	3									
f. Bend down to pick up clothing from the floor?	0	1	2	3									
g. Turn regular faucets on and off?	0	1	2	3									
h. Get in and out of a car, bus, train, or airplane?	0	1	2	3									
i. Walk two miles or three kilometers, if you wish?	0	1	2	3									
j. Participate in recreational activities and sports as you would like, if you wish?	0	1	2	3									
k. Get a good night's sleep?	0	1.1	2.2	3.3									
1. Deal with feelings of anxiety or being nervous?	0	1.1	2.2	3.3									
m. Deal with feelings of depression or feeling blue?	0	1.1	2.2	3.3									

1. a-i FI	N (0-10):
,	. (0 20).
1=0.3	16=5.3
	17=5.7 18=6.0
	19=6.3
5=1.7	
	21=7.0
7=2.3	
	23=7.7
	24=8.0
	25=8.3
11=3.7	26=8.7
12=4.0	27=9.0
13=4.3	28=9.3
14=4.7	29=9.7
15=5.0	30=10
2. PN (0-10):
3. PTG	E (0-10):
RAPID	3 (0-30)

2. HOW MUCH PAIN HAVE YOU HAD BECAUSE OF YOUR CONDITION **OVER THE PAST WEEK?**Please indicate below how severe your pain has been:

NO PAIN PAIN AS BAD AS IT COULD BE) BE						
0	0.5	1.0	1.5	2.0	2.5	3.0	3.5	4.0	4.5	5.0	5.5	6.0	6.5	7.0	7.5	8.0	8.5	9.0	9.5	10

3. Considering all the ways in which illness and health conditions may affect you at this time, please indicate below how you are doing:

VERY WELL VERY POOR														RLY						
0	0.5	1.0	1.5	2.0	2.5	3.0	3.5	4.0	4.5	5.0	5.5	6.0	6.5	7.0	7.5	8.0	8.5	9.0	9.5	10

CONVERSION TABLE

Near Remission (NR): 1=0.3; 2=0.7; 3=1.0 Low Severity (LS): 4=1.3; 5=1.7; 6=2.0 Medicate Severity (MS): 7-2.3; 8-2.7; 9-3.0; 10

Moderate Severity (MS): 7=2.3; 8=2.7; 9=3.0; 10=3.3; 11=3.7; 12=4.0

High Severity (HS): 13=4.3; 14=4.7; 15=5.0; 16=5.3; 17=5.7; 18=6.0; 19=6.3; 20=6.7; 21=7.0; 22=7.3; 23=7.7; 24=8.0; 25=8.3; 26=8.7; 27=9.0; 28=9.3; 29=9.7; 30=10.0

HOW TO CALCULATE RAPID 3 SCORES

- 1. Ask the patient to complete questions 1, 2, and 3 while in the waiting room prior to his/her visit.
- 2. For question 1, add up the scores in questions A-J only (questions K-M have been found to be informative, but are not scored formally). Use the formula in the box on the right to calculate the formal score (0-10). For example, a patient whose answers total 19 would score a 6.3. Enter this score as an evaluation of the patient's functional status (FN).
- 3. For question 2, enter the raw score (0-10) in the box on the right as an evaluation of the patient's pain tolerance (PN).
- 4. For question 3, enter the raw score (0-10) in the box on the right as an evaluation of the patient's global estimate (PTGE).
- **5.** Add the total score (0-30) from questions 1, 2, and 3 and enter them as the patient's RAPID 3 cumulative score. Use the final conversion table to simplify the patient's weighed RAPID 3 score. For example, a patient who scores 11 on the cumulative RAPID 3 scale would score a weighed 3.7. A patient who scores between 0–1.0 is defined as near remission (NR); 1.3–2.0 as low severity (LS); 2.3–4.0 as moderate severity (MS); and 4.3–10.0 as high severity (HS).